



# **Shree Guru Gobind Singh Ji Government College Paonta Sahib, District Sirmaur, Himachal Pradesh**

## ***2<sup>nd</sup> Cycle of NAAC Accreditation***

### **Criterion 5 Student Support and Progression**

#### **Key Indicator 5.1 Student Support**

#### **Metric 5.1.3 Capacity Building and Skill Enhancement Initiatives**

## ***1. Soft Skill***

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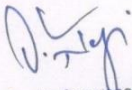
# 1. Group Discussions

Web link:




## 1. GROUP DISCUSSIONS

Every faculty of SGGSJ Govt. College Paonta Sahib splits up the session by conducting Pre-quiz before the starting of the class, mid-assessment quiz to the understanding of the students and problem solving at the end. The group discussions and student presentations are regularly held. Practices like Flip learning, Group Discussion, PowerPoint Presentations, and Smart Classrooms are all aimed to hold the interest of a student while the teacher is delivering the lecture. The Group Discussion method has numerous benefits as it encourages and motivates a student to come up with ideas, participate in a group, express an opinion, and solve a problem by discussion with peers. It helps to create a vibrant classroom atmosphere in college, inculcates a positive feeling among students and helps them overcome their inhibitions and participate in a team. The students practically have a feel of the functioning of the parliamentary democracy through Mock Parliaments sessions organised in the college.

  
Internal Quality Assurance Cell (IQAC)  
Shree Guru Gobind Singh Ji  
Government College Paonta Sahib  
Dist. Sirmour (H.P.)-173025



  
PRINCIPAL  
Dr. PARAMOD PATIAL  
Principal  
Shree Guru Gobind Singh Ji  
Government College  
Paonta Sahib  
Dist. Sirmour (H.P.)-173025



***Photograph 1 students participating in mock parliament***



***Photograph 2 Principal observing proceedings during Mock Parliament***





***Photograph 3 Learning Value of Time Management through Group Discussion***



***Photograph 4 Students involved in discussion with Old students on Teachers' Day 2020***

## 2. Awareness on Road Safety

Web link:




### 12.AWARENESS ON ROAD SAFETY ON 27.12.2021

Road Safety Club of SGGSJ. Govt. Degree College, Paonta Sahib organised a rally on awareness of road safety on dated 27-12-2021. Before the start of the rally, Dr. Veena Rathore, Principal of the college informed all the students about taking part in such activities would be worthwhile only if they themselves follow road safety rules and will continue to make the society aware in this regard. With the aim of making all the people aware in the society, the rally was flagged off. From the college campus, the rally went through Devinagar, Vishwakarma Chowk to the office of the Police Station Paonta Sahib. Students participating in the rally gave rose flowers to those who were riding bikes without helmets, appealed to them to wear helmets. Those who did not wear seat belts while driving, were given rose flowers stick and an appeal was made to wear belt.

In the Police Station premises all the students were made aware of the rules of road safety by the In Charge of Police Station, Paonta Sahib Sh. Ashok Chauhan. He said not to use the phone while walking on the roads, to ride a bike wearing a helmet and to drive a car wearing seat belt. About sixty students participating in rally and finally the rally was concluded by providing refreshment to all the students.

  
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### 3. Talk on Character Building by Dr. Vivek Negi

Web link:



#### SGGSJ GOVT. COLLEGE PAONTA SAHIB

#### NOTICE FOR NSS VOLUNTEERS

Dated: 20.09.2021

All the volunteers of National Service Scheme are informed that the unit will celebrate NSS Foundation Day on 24.09.2021 in Room No.102. Our worthy Principal, Dr. Veena Rathore will be the Chief Guest.

The celebrations will include the singing of Lakshya Geet by Group 10, presentation by volunteers on National Service Scheme and sharing of experiences during working in unit by volunteers.

There will be a motivational talk on "Character Building" by the Resource Person Dr. Vivek Negi, Associate Professor in English. All are therefore directed to assemble in Room No. 102 sharp at 12:30 pm and make this event a grand success.

Smt. Reena Chauhan *Reena*  
20/09/21

Sh. Rinku Aggarwal

NSS PROGRAMME OFFICERS

PRINCIPAL *20/09*

**Dr. Veena Rathore**  
Principal  
Shree Guru Gobind Singh Ji  
Government College Paonta Sahib  
Dist. Sirmaur (H.P.)-173025





***Photograph 5 Dr. Vivek Negi during his discourse on Character Building***





*Photograph 6 NSS Volunteers during session*

## 4. Webinar on Sanskrit Ki Upadeyata

Web link:




### 2. WEBINAR ON SANSKRIT KI UPADEYATA

An online session was organized for first year students studying Sanskrit by the Language and communication skills committee of the college On 26/11/2021. Dr. Dipali S. Bhandari introduced the resource person for the day. Dr. Vasundhara Bhardwaj, Retd Principal, College Cadre of the Government of Himachal Pradesh, talked to the students about the importance of studying Sanskrit and how Sanskrit provides many career options to students. She told the students that Sanskrit is one of the most scientific languages and is increasingly being employed for coding purposes. She also informed the audience about the vast knowledge originally contained in the Sanskrit texts which has been credited to people of other nations due to our ignorance of the treasure trove that the ancient texts contain through various examples.

The one hour engaging session was attended by 87 students who have opted for Sanskrit in First year of graduation. Dr. Veena Rathore, Principal, SGGSJ Govt. Degree College, Paonta Sahib; addressed the students and said that many a times students just study a subject without understanding its true potential. Especially in case of Sanskrit, it will be easier to motivate the students once they learn about the prospective careers that this field provides. In the end, Dr. Usha Joshi thanked the Chair and the Resource person.

  
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*Photograph 7 students attending online webinar*



*Photograph 8 Resource Person during online webinar*



## 5. Introductory Session of Soft Skills

Web link:



### 3. INTRODUCTORY SESSION OF SOFT SKILLS


Soft skill development (session 1)

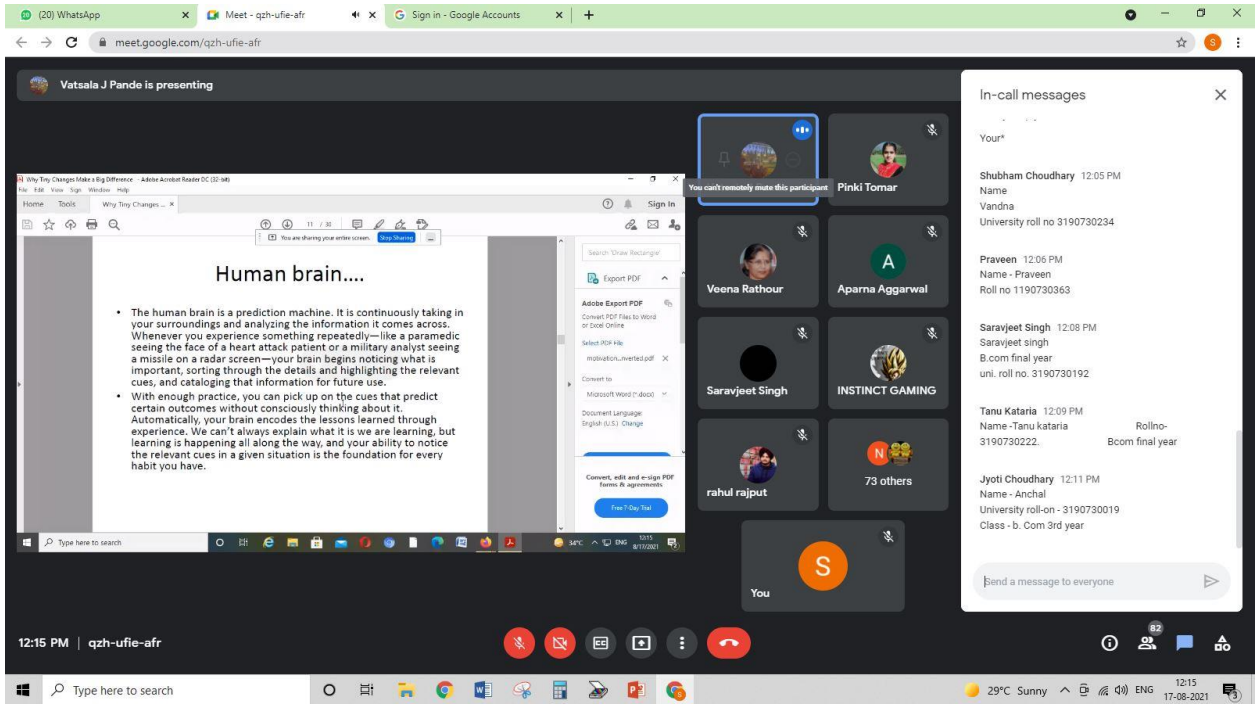
Dated 13th August, 2021

First online session through google meet on soft skills was held on 13th August 2021 at 1:30 PM which was presided over by Dr. Veena Rathore Principal SGGSJ GC Paonta Sahib. After a warm welcome of all the audiences by Dr Dipali Bhandari, a brief introduction on soft skills was given by Ms Amita Joshi (Deptt of Chemistry). Dr Veena Rathore in her motivational speech guided the students and faculty and congratulated them for this session. A vote of thanks was presented by Dr. Pankaj Yadav (Deptt of Commerce). The technicalities of the session including the feedback form were taken up by Dr. Sunil (IQAC member) and Prof Sunil from Deptt of Political Science. 25 students filled the feedback form.

  
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**Photograph 9 online webinar on soft skills**


## 6. Lectures on Soft Skill during NSS Seven Days' Special Annual Camp

Web link:




### 4. LECTURES ON SOFT SKILL DURING NSS SEVEN DAYS SPECIAL ANNUAL CAMP

The National Service Scheme unit of SGGSJ Govt. College organises seven days special annual camp. The camp is primarily focussed on personality development of volunteers. All the four sessions of each day include different activity like yogabhyaas during warm up sessions, physical session, technical session and creativity session. During the camp the volunteers render their services in college and in Paonta Sahib like exhibiting cleanliness drives, awareness and medical health camps etc. With this the volunteers are motivated to serve society with the motto of "Not Me But You" by various invited resource persons. The resource persons shared their knowledge about NSS, Character building, disaster management, women empowerment, health tips, banking and legal awareness etc with the volunteers. Thus, the technical sessions are arranged to enhance soft skills of volunteers during seven days special annual camp.

  
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# पात्र वर्ग के लोगों को मुफ्त कानूनी सहायता : विवेक

पांवटा में बोले अतिरिक्त मुख्य न्यायिक दंडाधिकारी

अमर उजाला ब्यूरो 4.2.18

पांवटा साहिब (सिरमौर)।

मुख्य न्यायिक दंडाधिकारी और चेयरमैन उपमंडल विधिक सेवा समिति विवेक खेनाल ने कहा कि समाज के कुछ वंचित और पात्र वर्गों को मुफ्त कानूनी सहायता उपलब्ध करवाई जा रही है जिनमें अनुसूचित जाति, जनजाति, अपंग व महिलाएं शामिल हैं। पांवटा लघु सचिवालय परिसर के तीसरे मंजिल पर इसके लिए स्टाफ भी तैनात किया गया है। अतिरिक्त मुख्य न्यायिक दंडाधिकारी पांवटा कॉलेज में चल रहे एनएसएस शिविर में उपस्थित स्वयंसेवियों को संबोधित कर रहे थे।

पांवटा कॉलेज एनएसएस कार्यक्रम अधिकारी प्रो. दिवेंद्र गुप्ता और अरुणदीप सिंह ने कहा कि 7 दिवसीय एनएसएस शिविर में 125 छात्र-छात्राएं भाग ले रही हैं। शिविर का शुभारंभ निदेशक इंटरनेशनल सिलेंडर कंपनी पांवटा नरेंद्र पाल सिंह सहोता ने किया। मुख्य अतिथि ने पांवटा कॉलेज को वाटर कूलर



भेंट किया। इसका रखरखाव एनएसएस के स्वयंसेवियों की ओर से किया जाएगा। कार्यक्रम के दौरान सन फार्मा की सामुदायिक स्वास्थ्य अधिकारी डॉ. नीना सबलोक ने एनएसएस स्वयं सेवकों को मनोरोग, नशा, एड्स रोग जागरूकता, खून की कमी, मधुमेह व टीबी रोगों के फैलने व बचाव के बारे में विस्तृत रूप से जानकारी दी। विशेषज्ञों से रोगों का उपचार करवाने का बात कही। झोलाछाप डॉक्टरों से उपचार जानलेवा भी साबित हो सकता है। इससे पहले सामुदायिक सेवा के तहत स्वयं सेवियों द्वारा प्राथमिक पाठशाला रामपुरघाट और बाबा भूरेशाह में साफ-सफाई की गई।



# अपने से बड़ों का आदर करने का दिया संदेश

स्वयंसेवियों ने प्रस्तुत किए रंगारंग कार्यक्रम, राजकीय महाविद्यालय पांवटा में एनएसएस शिविर का समापन

संवाद न्यूज एजेंसी

पांवटा साहिब (सिरमौर)। श्री गुरु गोविंद सिंह जी राजकीय महाविद्यालय पांवटा साहिब में चल रहे राष्ट्रीय सेवा योजना के विशेष शिविर का वीरवार को समापन हुआ। समारोह में प्राचार्या डॉ. वीना राठौर ने बतौर मुख्यातिथि शिरकत की। मुख्यातिथि व राष्ट्रीय सेवा योजना स्वयंसेवियों ने मैदान में ध्वजारोहण किया। सरस्वती वंदना के साथ कार्यक्रम का विधिवत शुभारंभ किया गया।

शिविर में रोटरी क्लब, सन फार्मास्यूटिकल्स लिमिटेड पांवटा साहिब, पुलिस विभाग पांवटा साहिब, ग्लोबल अकादमी पांवटा साहिब व पत्रकारों का भरपूर सहयोग मिला। स्वयंसेवियों में प्रीति कपूर ने एनएसएस गान व कुमारी उमा ने



पांवटा साहिब कॉलेज में एनएसएस शिविर के समापन अवसर पर स्वयंसेवी। संवाद

शिविर में प्राप्त अनुभवों को साझा पर आधारित एक लघु नाटिका प्रस्तुत संदेश दिया। तनवी के समूह ने एक किया। स्वयंसेवियों ने घरेलू झगड़ों की। जिसमें बड़ों का आदर करने का खूबसूरत नाटो प्रस्तुत को, वहीं

लड़कों ने मनमोहक हारुल पेश किया। आरती व ललित ने हरियाणवी नृत्य व शीतल की टीम ने गिट्टा को प्रस्तुत दी। अंकित ने सूफी गानों पर एक खूबसूरत प्रस्तुत दी। सात दिनों में हुई विभिन्न प्रतियोगिताओं में विजयी स्वयंसेवियों को सन फार्मास्यूटिकल्स लिमिटेड के मेडिकल ऑफिसर डॉ. नीना सबलोक को प्राचार्या ने पुरस्कृत किया। रोटरी क्लब के एक्स-चेयरमैन राकेश रेहल ने स्वयंसेवियों के द्वारा किए गए कार्यों को सराहा। इस अवसर पर प्राचार्या डॉ. वीना राठौर, प्रो. देवेन्द्र गुप्ता, कार्यक्रम अधिकारी प्रो. रीना गुप्ता, प्रो. कल्याण राणा, राकेश रेहल, शान्ति स्वरूप गुप्ता, एनएम रमौल, डॉ. नीना सबलोक, प्रो. रामलाल तोमर, कार्यालय अधीक्षक अशरफ अली, शिक्षक व गैर शिक्षक स्टाफ सदस्य मौजूद रहे।

**News Clip 2 Amar Ujala 7-2-2020 p.5**

## 7. Second Session on Soft Skill

Web link:




### 5. SECOND SESSION ON SOFT SKILL

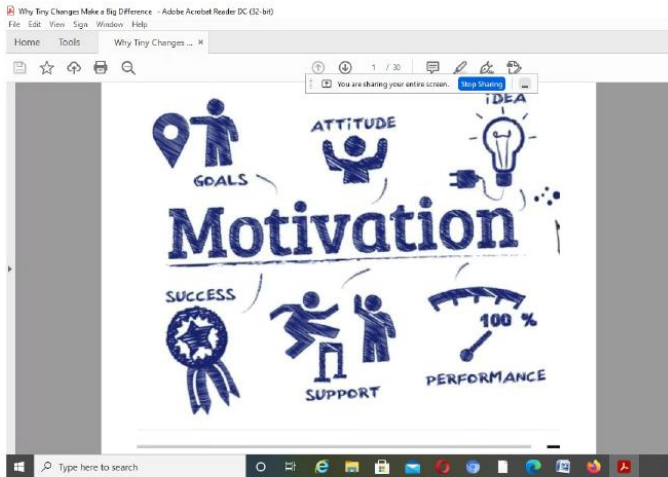
On August 17, 2021, a webinar on Motivational Skills for students was organized by soft skill committee under IQAC at Sri Guru Gobind Singh Ji Government College Paonta Sahib, which was presided over by college principal Dr Veena Rathore and the main speaker was Dr. Vatsala J. Pandey, who is currently holding the post of Director LSTV and FCA in Lok Sabha. are employed. The webinar started with the welcome of all by Dr. Deepali Bhandari and a detailed introduction of the keynote speaker. After this, Dr. Vatsala gave his views on self-motivation, he explained to all the students in detail on "Motivation" and asked them to be motivated automatically. Principal Dr. Veena Rathore discussed in detail with the keynote speaker about motivating the students for various skills and thanked the main speaker. Dr. Sunil, Member, IQAC and Dr. Pankaj Yadav, Member, Soft Skills Committee and Prof. Sunil were fully involved in conducting the programme online. At the end of the webinar, Amita Joshi, Convener, Soft Skill Committee, thanked the keynote speaker and all the participants. The number of participants benefiting from this session was about eighty. Students from all faculties and NCC cadets specially participated in the session.

  
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Vatsala J Pande is presenting



In-call messages



name - Monit kumar  
University Roll NO- 2200730055

Mehak Verma 12:02 PM  
Name mehak  
University roll no. 2200730053  
Bsc 2nd year

S

Komal Choudhary 12:02 PM  
Name.komal kondal  
University roll no.2200730042

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Shivam Kumar 12:03 PM  
Yes

Aastha Aggarwal 12:03 PM  
No mam

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Aparna Aggarwal 12:03 PM  
Aparna aggarwal Roll no. - 3190730035

One man army Gamers 12:03 PM  
Network problem

rahul rajput 12:03 PM  
Yes mam

Saravjeet Singh 12:04 PM  
yes

ANJALI CHOUDHARY 12:04 PM  
Anjali  
2200730008

Dipali sharmabhandari 12:05 PM  
Kindly keep vouis mics muted

**Photograph 10 Webinar on online mode**



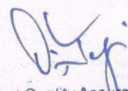
## 8. Motivational lecture by International Musician Sh. Subhash Chandra Ghosh on 14.12.2021

Web link:



### 8. Motivational lecture by International Musician Sh. Subhash Chandra Ghosh on 14.12.2021

On 14<sup>th</sup> December, 2021, a one-day workshop "Sangeet Madhuri" was organised by the cultural committee under the chairmanship of Dr. Veena Rathore, Principal of the college. International musician Sh. Subhash Chandra Ghosh was the resource person of this workshop. He imparted his erudition on music among students. He played many religious and popular melodies on music instruments like flute and sitar. Local musician Sh. Om Prakash Sharma was also present in the workshop and sang many songs in the workshop. In his discourse Sh. Subhash Chandra Ghosh disclosed that God exists in every note of music if played with honesty and sincerity and encouraged them to live their life with pure heart, liveliness with nature and music. His engaging style, quick wit and captivating demeanour keep students on the edge of their seat. He said that life is a very precious gift and each moment of human life carries us an opportunity, to act, to develop and express our virtues. Dr. Veena Rathore Principal of the college also emphasized that life is not a destination but is a journey with lessons, hardships, and special moments. Prof. Reena Chauhan and Dr. Chand conducted stage and Dr. Kiran Bala presented a formal vote of thanks to the resource person and chair. The event ended with national anthem.

  
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# ‘ओ लाल मेरी पत रखिये भला झूलेलालन’...गीत से समा बांधा

इंसान लगन और जज्बे के साथ काम करे तो ईश्वर भी देता है साथ : सुभाषचंद्र घोष

संवाद न्यूज एजेंसी

पांवटा साहिब (सिरमौर)। श्री गुरु गोविंद सिंह जी राजकीय महाविद्यालय पांवटा साहिब में संगीत माधुरी एक दिवसीय कार्यशाला का आयोजन हुआ। इस दौरान गीत-संगीत और पहाड़ी नाटी से खूब समा बांध दिया। कार्यक्रम के मुख्यातिथि अंतरराष्ट्रीय संगीत कलाकार सुभाष चंद्र घोष बतौर मुख्यातिथि मौजूद रहे।

अंतरराष्ट्रीय संगीत कलाकार सुभाष चंद्र घोष ने अपनी संगीत की धुनों पर सबको मंत्रमुग्ध कर दिया। उन्होंने ‘ओ लाल वो मेरी पत रखिये भला झूलेलालन’ गीत से शुरुआत की। इसके बाद रघुपति राघव राजाराम, ईश्वर अल्लाह तेरे नाम, तेरे जाने का गम ना तेरे आने का गम, तुम वहां में यहां ये समां और कभी अलविदा न कहना गीतों से समा बांध दिया।

संगीत गायक प्रो. ओपी शर्मा ने साजण आयो रे सखी, तेरे हाथों रा, हरे प्यार तवे मेरा, राजा रूशे रे गीतों से संगीत के माहौल को खूब परवान चड़ाया। संगीत के प्रोफेसर रविंद्र शर्मा ने आवगे जब तुम साजना आंगना फूल बरसे, बरसेगा सावन झुम झुम के पर कॉलेज का छात्र छात्राओं को खूब झुमने पर मजबूर कर दिया। इससे पहले पंडित सुभाष चंद्र घोष ने संबोधित करते हुए कहा कि हम इंसान अपने जज्बे के साथ कोई भी काम करें, तो ईश्वर भी उसका साथ जरूर देता है। इसलिए



पांवटा साहिब कॉलेज में संगीत माधुरी कार्यक्रम के दौरान प्रस्तुति देते अंतरराष्ट्रीय संगीत कलाकार एससी घोष। संवाद

**मुख्यातिथि अंतरराष्ट्रीय संगीत कलाकार एससी घोष ने गायन से किया मंत्रमुग्ध पांवटा कॉलेज सांस्कृतिक समिति की एक दिवसीय संगीत कार्यशाला आयोजित**

शिक्षार्थियों को मजबूत इरादों और जज्बे के साथ जीवन में आगे बढ़ना चाहिए। हर स्वर में ईश्वर विद्यमान है। हर इंसान के अंदर संगीत है। संगीत हमारी संस्कृति है। शास्त्रीय संगीत और उपशास्त्रीय संगीत में इतना फर्क है जितना सेना और आम लोगों में होता है।

इस मौके पर कॉलेज की प्राचार्या डॉ. वीना राठी, सेवानिवृत्त प्रोफेसर रामलाल तोमर, प्रो. देवेन्द्र गुप्ता, विष्मो रानी, किरण बाला शर्मा,



पांवटा साहिब कॉलेज में संगीत माधुरी कार्यक्रम में प्रस्तुति देती कलाकार। संवाद

प्रोफेसर डॉ. जयचंद शर्मा, प्रोफेसर प्रो. रीना चौहान, मनिंदर सिंह समेत किरण शर्मा, प्रोफेसर सुशील तोमर, कॉलेज स्टाफ सदस्य मौजूद रहे।

**“Inviting Online Tenders”**

The Executive Engineer, Jal Shakti Division No.II,Kullu at Bhunter invites

News Clip 3 Amar Ujala, 15.03.2021, p4

## 9. Soft Skills in NSS During Seven Days' Special Camp 2019-20


Web link:



### 2. NSS Seven Days Special Annual Camp w.e.f 31.01.2020-06.02.2020

The National Service Scheme of SGGSJ Govt.College Paonta Sahib organized seven days special annual camp w.e.f. 31.01.2020 to 06.02.2020 in which 110 volunteers participated. Principal Dr. Veena Rathore was the Chief guest of closing ceremony of the camp. Programme Officer Prof. Reena Chauhan presented the report of seven days camp. She said that the camp was divided into four sections each day that included yoga sessions, physical activity session, technical session and cultural/academic session. The volunteers enthusiastically participated in each activity. The yoga sessions were conducted by the retired teacher Mrs. Malti Maithani each day. For the physical session, Shubhkhedha village, HIMUDA Colony, Canal Road, City Parks, Yamuna ghat, Slum area at Kripal Sheela Road and Dejeee sahiba temple areas were covered. To manage the physical session, the unit got full cooperation from Rotary Club Paonta Sahib, Bharat Vikas Parishad, Paonta Sahib, Municipal Corporation Paonta Sahib and Gram Panchayat as well. Technical sessions were conducted by the officials of Rotary Club, Sun Pharmaceuticals, Police Department, Global Academy Paonta Sahib and enriched volunteers' knowledge on various fields. Programme Officer also told that during the camp various competitions like declamation, poetry recitation, poster making, rangoli making, art and craft activities were conducted among the volunteers and the prizes for the prize winners were distributed which were sponsored by Sun Pharmaceuticals Paonta Sahib. In the closing ceremony of seven days special camp, volunteers performed many cultural activities like folk and Bollywood dances, skit on moral values, singing of folk and Bollywood songs. Leader Preeti Kapoor and Mohammad Talib shared their experiences of the camp. Principal Dr. Veena Rathore appreciated the energetic and devoted dedication of volunteers towards social service and congratulated the unit for the successful completion of seven days special camp. The formal vote of thanks was presented by Prof. Kalyan Rana Programme Officer and with National Anthem the camp was formally closed.



  
Internal Quality Assurance Cell (IQAC)  
Shree Guru Gobind Singh Ji  
Government College Paonta Sahib  
Dist. Sirmour (H.P.)-173025



PRINCIPAL

Dr. PRAMOD PATIAL  
Principal  
Shree Guru Gobind Singh Ji  
Government College  
Paonta Sahib  
Dist. Sirmour (H.P.)-173025




## 10. Soft Skills during NSS Regular and Special Camps

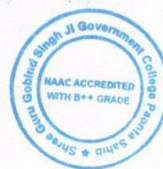
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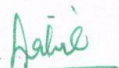


### 10. SOFT SKILLS DURING NSS REGULAR AND SPECIAL CAMPS

National Service Scheme is the third dimension of education which allows the youth to actively contribute their service for the cause of community and the nation, thus helping them in their personality development through sharpening their soft skills like leadership, team work, decision making capabilities. NSS Activities are conducted in two ways Regular Activities and Special Camping. These activities are framed to provide enough opportunities for volunteers to expose their hidden talent and capabilities. All the responsibilities are distributed among volunteers by the programme officers. Programme Officers divide volunteers into ten groups for regular activities and in seven groups for special camping. A group leader is appointed in each group. Each group is assigned different duties in rotation like preparing food, execution of physical activity/ technical /cultural sessions, decoration/reception committee, audit, purchase committee etc. to organize any kind of programme or activity. The volunteers complete 240 hours of their services in NSS and thereafter they are eligible for the certificate. Volunteers are given ample opportunities to participate at distt., state and national level competitions and camps. Every year volunteers of the college are selected for Pre-RD Selection Camps, National Integration camps, NSS Mega camps through a proper selection procedure.

  
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Dist. Sirmour (H.P.)-173025



**Certificate 1 Participation of student of college in National Integration Camp at Hisar**



**Certificate 2 Participation of student of college in NSS North Zone Republic Parade Camp 2021**



# पात्र वर्ग के लोगों को मुफ्त कानूनी सहायता : विवेक

पांवटा में बोले अतिरिक्त मुख्य न्यायिक दंडाधिकारी

अमर उजाला ब्यूरो 4.2.18

पांवटा साहिब (सिरमौर)।

मुख्य न्यायिक दंडाधिकारी और चैयरमैन उपमंडल विधिक सेवा समिति विवेक खेनाल ने कहा कि समाज के कुछ वंचित और पात्र वर्गों को मुफ्त कानूनी सहायता उपलब्ध करवाई जा रही है जिनमें अनुसूचित जाति, जनजाति, अपंग व महिलाएं शामिल हैं। पांवटा लघु सचिवालय परिसर के तीसरे मंजिल पर इसके लिए स्टाफ भी तैनात किया गया है। अतिरिक्त मुख्य न्यायिक दंडाधिकारी पांवटा कॉलेज में चल रहे एनएसएस शिविर में उपस्थित स्वयंसेवियों को संबोधित कर रहे थे।

पांवटा कॉलेज एनएसएस कार्यक्रम अधिकारी प्रो. दिवेंद्रा गुप्ता और अरुणदीप सिंह ने कहा कि 7 दिवसीय एनएसएस शिविर में 125 छात्र-छात्राएं भाग ले रही हैं। शिविर का शुभारंभ निदेशक इंटरनेशनल सिलेंडर कंपनी पांवटा नरेंद्र पाल सिंह सहोता ने किया। मुख्य अतिथि ने पांवटा कॉलेज को वाटर कूलर



भेंट किया। इसका रखरखाव एनएसएस के स्वयंसेवियों की ओर से किया जाएगा। कार्यक्रम के दौरान सन फार्मा की सामुदायिक स्वास्थ्य अधिकारी डॉ. नीना सबलोक ने एनएसएस स्वयं सेवकों को मनोरोग, नशा, एड्स रोग जागरूकता, खून की कमी, मधुमेह व टीबी रोगों के फैलने व बचाव के बारे में विस्तृत रूप से जानकारी दी। विशेषज्ञों से रोगों का उपचार करवाने का बात कही। झोलाछाप डॉक्टरों से उपचार जानलेवा भी साबित हो सकता है। इससे पहले सामुदायिक सेवा के तहत स्वयं सेवियों द्वारा प्राथमिक पाठशाला रामपुरघाट और बाबा भूरेशाह में साफ-सफाई की गई।

No.-EDN-SRM (GC-PAONTA SAHIB) NSS -----  
Office of the Principal Govt. Degree College  
Paonta Sahib, Distt.-Sirmour, HP-173025


Dated:

OFFICE ORDER

Following students are hereby selected for participation in State Level Mega Camp (NSS) to be held at G.C. Karsog w.e.f. 24<sup>th</sup> Sept. – 28<sup>th</sup> Sept. 2019.

1. Bhargav	BA 2 <sup>nd</sup> Year	8014
2. Bharti	BA 2 <sup>nd</sup> Year	5013

They are hereby relieved on 23/09/2019 (F/N) with the direction to report to Principal, G.C Karsog.

  
23.09.2019  
PRINCIPAL  
GDC Paonta Sahib  
Distt. Sirmour H.P.

Principal  
G.G.S. Jee, G.D.C.  
Paonta Sahib (H.P.)

**office order 1 Participants relieved for HP State Level Mega Camp (NSS)**

# 11. Preparing Students for Jobs in Food Sector

Web link:



## Report on Awareness Programme on "Job opportunities in Home Science"

A Programme was conducted by the WDC (Women Development Cell) on 10-11-21 in room no 101 at 12 noon. The Principal Dr. Veena Rathore acted as Chief Guest of the Function and Prof Sangeeta Attri (senior Extension Specialist, KVK Dhaulakaun) was the resource person. She told the students that Home science is not just cooking but now-a-days this subject has various fields and various job opportunities. One can get jobs in cooking Hotels, Restaurants, canteen, coffee shop, tea shop etc. Besides this there are other spheres also open in this subject as interior designer, as decorator. This also provides self employment or can be opted as service seeker. In addition to these opportunities other carrier options are also in Food and nutrition, Resource Management, in fabric and Apparel science, in Furniture Decoration, in Human development and also in Communication and Extension.

The Home Science is very vast subject and can be tapped by both boys and girls. The session was very interactive. The queries of students were answered in a very satisfactory way. Total 130 students (41 Boys, 89 Girls) participated in this activity.

### Committee Members

Dr. Ritu Pant

Dr. Usha Joshi

Dr. Vinita Pal

Smt. Seema Tyagi

smt. Chinu Bansal

Sh. Kuldeep Negi

Sh. Gulab Manta

Principal

**Principal**  
**S.S.S. Jee, G.D.**  
**Wanta Sahib (H.P.)**



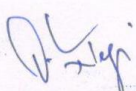
## 12. Certificate Course in Music: Basic Knowledge of Music in theoretical and Practice

Web link:




### 12. Certificate Course in Music: Basic Knowledge of Music in theoretical and Practice

The Department of Music organized a certificate course in “Basic Knowledge of Music in theoretical and Practice” to the students of different faculties like History, Political Science and Hindi in which they were given the basic knowledge of music in both vocal and instrumental spheres. Handling of specific instruments like sitar, table, harmonium, and guitar was also taught to the students and theoretical knowledge of ‘taal’, ‘swar’, ‘alankar’ etc was also provided. The course started on 22nd Nov. 2021 and completed on 31st Dec. 2021. The course was coordinated by Dr. Kiran Bala Sharma and Prof. Ravinder Sharma (faculties of Music department) and the certificates were distributed to 40 students by the worthy Principal Dr. Veena Rathore. In closing ceremony of this certificate course on 31.12.2021, Principal Dr. Veena Rathore asked students to stay attached to music as it keeps us away from stress & anxiety . Music has the power that keeps the raag of faith, inspiration and hope muttering within ourselves. Therefore a person in the lap of music can never be depressed or pessimistic in life. Dr. Kiran Bala presented a formal vote of thanks to the Principal.

  
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*Photograph 11 students during closing ceremony of certificate course in Music*